



## Kaiser Permanente and UC Davis Huntington's Disease Centers of Excellence present an event tackling some of the "tough stuff" in HD.

Anyone is welcome to attend whether or not you have Kaiser Permanente Insurance. Friends, families, and caregivers are always welcome.

There is no cost and parking is free.

When: Tuesday January 31<sup>st</sup> 2:30-6:30 pm (snacks will be provided)

Where: Kaiser Permanente Point West (1650 Response Road, Sacramento) Conference Room 3

Kindly RSVP to Mara Sifry-Platt at (916) 474-2512 or [Mara.Sifry-Platt@kp.org](mailto:Mara.Sifry-Platt@kp.org) just to make sure we have enough space and snacks.

### Agenda:

2:30-2:40 Intro

2:40-3:35 Lisa Mooney, LCSW/Elle Tadina-Siau, MSW (HD COE Social Workers): Disability & Long Term Care Insurance issues, GHPP, Resources, considering care options, & caregiver support.

3:35-4:05 Suzanne Trygar, LCSW (Palliative Care Social Worker): Advanced Health Care Directives, POLST, changing needs moving through the stages of HD

4:05-4:15 BREAK

4:15-5:00 Dr. Huma Attari (UCD Psychiatry Fellow): Managing Difficult Behaviors in HD

5:00-5:30 Dr. Shelly Garone (KP Hospice & Palliative Care): End of Life Issues

5:30-5:40 BREAK

5:40-6:05 Jeanine Perry, PT (Physical Therapy): Moving Better, Equipment, & Staying Safe,

6:05-6:30 Dr. Vicki Wheelock (UC Davis HD COE, Neurology): Hope for HD

